

North Lancashire Swimming & Water Polo Association

(Affiliated North West Region ASA)

OPEN AGE GROUP with YOUTH AWARDS

(Incorporating the Individual Championships - Bob Marshall Trophy)

Licensed Level 3 Open Meet - Under ASA Laws & ASA Technical Rules of Swimming - Licence Nos: 3NW0044 & 3NW0045

2010 ENTRY FORM

CLOSING DATE WEDNESDAY 30 December 2010

READ ALL CONDITIONS / AWARDS DETAIL & SIGN DECLARATION

DETAILS SHOULD BE AS PER YOUR ASA CATEGORY 2 MEMBERSHIP REGISTRATION CARD											
Surname					1st Name						
Address											
Post Code			Contact Tel No : -			DATE OF BIRTH					
						d	d	m	m	y	y
1st Registered Club: -					Gender M / F						
ASA MEMBERSHIP ID						COUNTRY OF COMMITMENT:- England (E) Scotland (S) Wales (W)					
I declare that I am an eligible competitor & accept the promoter's conditions. Signed : Contact email address:											

ENTER CORRECT TIMES IN BOXES (Short Course) TIMES MUST BE FASTER THAN THE LEVEL 2 LOWER QUALIFYING TIME. NB: NO UPPER TIME LIMITS FOR CHAMPIONSHIP EVENTS (Highlighted Events)

AGES as at 7 FEBRUARY 2010			
EVENTS	WINNERS BY	OPEN AGE with YOUTH GB POINTS AWARDS	!!! PLEASE NOTE !!! ** ALL AGES MAY ENTER AN OPEN AGE EVENT BUT THERE ARE NO INDIVIDUAL AGE AWARDS
50 FREE	HDW & Junior Final		BOB MARSHALL TROPHY (Championship Events) Club Points 3, 2, 1 for 1st/ 2 nd /3 rd Event Trophy awarded to each Winner of Jnr. 50 Free (16/under – Age on 7/2/2010) 100 metres Free, Back, Breast & Fly 200 metres Free 400 metres Individual Medley
100 FREE	Heats & Final		
200 FREE	Heat Declared		
400 FREE	Heat Declared		
800 FREE	Heat Declared		
1500 FREE	Heat Declared		
50 BACK	Heat Declared		YOUTH GB POINTS AWARDS 14/17yr Girls & 15-18yr Boys Combined Age Groups 5 CATEGORIES - Sum of the best in each of Sprints - 50m Free, Back, Breast & Fly 100s - 100m Free, Back, Breast, & Fly Form - 200 Back, Breast & Fly Distance Free – 200m, 400m & 800m Individual Medley - 200m & 400m *1500 Free* does not score for points Advise entry in at least one event in each Category
100 BACK	Heats & Final		
200 BACK	Heat Declared		
50 BREAST	Heat Declared		
100 BREAST	Heats & Final		
200 BREAST	Heat Declared		
50 FLY	Heat Declared		
100 FLY	Heats & Final		** QUALIFYING TIMES MUST HAVE BEEN ACHIEVED IN ALL EVENTS
200 FLY	Heat Declared		
200 IND. MED	Heat Declared		
400 IND. MED	Heat Declared		
BADGE AWARDS 1 st / 2 nd / 3 rd in each Event	NO CARDS WILL BE ISSUED FOR THIS MEET - A PERSONAL RECORD OF EVENTS ENTERED SHOULD BE KEPT		TROPHY AWARDS Top 6 In Youth GB Points

TOTAL EVENTS ENTERED	
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ENTRY FEES
COMPETITION FEE EACH EVENT ENTERED
£ 4.00 **PLUS** **£ 2.50**

TOTAL ENTRY FEES	£
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NO REFUNDS FOR INCORRECT ENTRIES