

FLEETWOOD & DISTRICT AMATEUR SWIMMING CLUB

Affiliated North West Region ASA - Under ASA Laws and ASA Technical Rules of Swimming

34th ANNUAL CLUB CHAMPIONSHIPS

(Club Time Trials for North Lancs Age Groups & Micro League Teams 2010)

PROGRAMME OF EVENTS

Friday 16 th October 2009		Sunday 18 th October 2009			
Event	Session 2 (5.45 pm warm-up)	Event	Session 3 (2.30 pm warm-up)	Event	Session 3 (Part II)
201	Boys 200 metres Freestyle	301	Boys 9/11yr 100m Ind.Medley	313	Boys 12 to 15/18 100m Back
202	Girls 200 metres Freestyle	302	Girls 9/11yr 100m Ind.Medley	314	Girls 12 to 15/18 100m Back
203	Boys 200 metres Butterfly	303	Boys 12 to 15/18 200 Ind.Med.	315	Boys 9/11yr 50m Freestyle
204	Girls 200 metres Butterfly	304	Girls 12 to 15/18 200 Ind.Med.	316	Girls 9/11yr 50m Freestyle
205	Boys 200 metres Backstroke	305	Boys 9/11yr 50m Butterfly	317	Boys 12 to 15/18 100 Freestyle
206	Girls 200 metres Backstroke	306	Girls 9/11yr 50m Butterfly	318	Girls 12 to 15/18 100 Freestyle
207	Boys 200 metres Breaststroke	307	Boys 12 to 15/18 100m Fly	319	Boys 9/11yr 50m Breaststroke
208	Girls 200 metres Breaststroke	308	Girls 12 to 15/18 100m Fly	320	Girls 9/11yr 50m Breaststroke
209	Boys 400 metres Freestyle	309	Mens 25 metres Freestyle	321	Boys 12 to 15/18 100m Breast
210	Girls 400 metres Freestyle	310	Ladies 25 metres Breaststroke	322	Girls 12 to 15/18 100m Breast
Events 201 to 210 are for age 9 through to 15/18 combined Heat Declared by Cyclic Seeding Development Events with Points Scoring.		311	Boys 9/11yr 50m Backstroke	323	Family 4 x 25m Medley Relay
		312	Girls 9/11yr 50m Backstroke	324	'Irvine' 400 Freestyle Handicap
Events 209 & 210 are <u>qualifiers for</u> Event 324 (i.e. Fastest in year - 4 Boys & 3 Girls)					